

**Equine Die Da Yao  
Herbal Class  
Syllabus, Dates, Cost**

**Classroom lectures will teach students about the use of Die Da Yao (fall and strike) herbal preparations in human and equine injury prevention and recovery.**

**Hands-on labs will teach students how to make their own herbal preparations.**

**Date: May 24-25, 2014 (Sat & Sun)**

**Time: 9:30 am – 5:00 pm**

**Cost of the class is \$350**

**Participants will take home over \$100.00 worth of herbal products for your horses, you, and yours from this class and you can't beat that!**

**\$100.00 deposit to reserve.**

**Syllabus**  
**Saturday AM:**

Introduction and registration

Origins of Die Da Yao

History of herbal therapies, use of healing indigenous herbs worldwide.

Indigenous theories of how herbs work in healing and the theories of synchronistic potency.

- TCM Synergy
- Quality of Herbs
- Preparation of herbs

Introduction Part 1, (Lab) Western and Chinese herbs for external Die Da Yao use.

**Saturday PM**

Introduction Part 2, (Lab) Western and Chinese herbs for external Die Da Yao & Jow and their use.

Formulating healing Die Da Jow Yao preparations,

Base formulas for salves, ointments, compresses, liniments, poultices, and balms.

The healing use of selecting base oils and stabilizers.

Lab: Making Die Da Yao compresses and formulating two Die Da Yao oil extractions for two formulas for Sunday:

- Trauma formula
- Joint formula

## **Sunday AM**

Review and Q&A.

Lab, reheating, pouring off, stabilizing, packaging previous days formulas.

- Herbal review and identifying
- Making and packaging your own individual take home formulas.

## **Sunday PM**

How to benefit using Die Da Yao for equine leg work

Lab: Making your own liniments, alcohol, leg braces, poultices, and herbal body washes.

Cleanup & Wrap up, certificates, final Q& A.

A release form is required to be signed for this class as we will be working directly with herbs, cooking fires, hot pots and hot oils.

**Hot Stuff!**